

# Infusions & BEYOND

Everything you need to know to get started!





TAURINE

At **Spiked IV**, our goal is to support your wellness journey by delivering key nutrients your body needs to function at its best. One often underestimated nutrient is **taurine**—a powerful amino acid that plays a vital role in numerous bodily processes.

Let's explore five major ways taurine can support your health:

#### 1. Promotes a Healthy Heart

Taurine has been shown to aid cardiovascular health by helping to manage blood pressure and cholesterol levels. It encourages proper blood circulation and reduces your risk of heart-related issues, making it a valuable ally in maintaining a strong and healthy heart.

#### 2. Improves Physical Performance

Whether you're a regular at the gym or just enjoy staying active, taurine can help enhance your performance. It supports muscle function and endurance, and research suggests it can reduce muscle fatigue while improving recovery times. If you're looking to train harder and recover quicker, taurine could be your secret weapon.

#### 3. Supports Brain Function

Taurine plays a key role in brain chemistry by influencing neurotransmitters that help brain cells communicate. This can lead to better focus, sharper memory, and improved mental clarity—benefits that are valuable whether you're working, studying, or simply navigating a busy day.

## 4. Protects Eye Health

Your eyes rely on taurine, which is present in high concentrations in the retina. It helps shield the eyes from oxidative stress and supports optimal vision. Including taurine in your wellness routine may help reduce the risk of vision problems like macular degeneration as you age.

#### 5. Aids in Detoxification

Taurine assists the liver in processing and eliminating toxins, helping your body stay clean and energized. By enhancing liver function, it contributes to overall vitality and wellbeing, making it easier for you to feel your best every day.

# Why Add Taurine to Your IV Therapy?

At **Spiked IV**, we're here to help you make the most of essential nutrients like taurine. Whether you're focused on heart health, fitness, mental sharpness, vision protection, or detox support, taurine can be a valuable part of your IV therapy plan.

Consider incorporating taurine into your IV treatment to deliver this essential amino acid directly into your system—ensuring faster absorption and maximum benefit.





#### Unlock the Power of Glutathione: The Body's Ultimate Antioxidant

At **Spiked IV**, we're dedicated to helping you feel your best by harnessing the science of nutrition and wellness. One compound we're especially excited about is glutathione—a powerhouse antioxidant often called the "master antioxidant" for good reason.

Here are five impressive ways this nutrient supports your overall health:

#### 1. Nature's Built-In Detox System

Glutathione is one of your body's <u>most effective detoxifier</u>s. It supports liver function by helping to break down and eliminate toxins, heavy metals, and other harmful substances. Acting as a shield against free radicals, glutathione helps maintain your body's natural detoxification processes and keeps your system running smoothly.

#### 2. Essential for a Strong Immune System

A well-functioning immune system depends on healthy glutathione levels. This <u>antioxidant supports immune cell activity</u> and protects them from oxidative damage. By enhancing your body's ability to respond to threats, glutathione helps you stay resilient, bounce back quicker from illness, and maintain wellness throughout the year.

### 3. Supports Aging Gracefully

As we get older, our natural glutathione production tends to decline. This decrease can leave us more vulnerable to oxidative stress and cellular damage. Supplementing with glutathione may help combat signs of aging, support longevity, and maintain healthy cellular function—giving your body the support it needs to age well.

#### 4. Brightens and Protects Your Skin

Beyond internal health, glutathione has gained attention for its ability to improve skin clarity and tone. It's known for helping reduce pigmentation, fade dark spots, and create a more even complexion. While topical products can offer some benefit, IV glutathione treatments ensure better absorption for more noticeable results.

### Experience the Benefits

At **Spiked IV**, we believe in using science-backed nutrients like glutathione to help you live your healthiest life. Whether your goal is to detox, stay energized, support your immune system, enhance your skin, or simply feel your best as you age, glutathione can be a powerful addition to your wellness plan.



# Why Choose a B12Methylcobalamin Injection?

Vitamin B12 plays a vital role in *energy production*, red blood cell formation, and nervous system health. Many people are low in B12 without even knowing it—especially those with busy lifestyles, dietary restrictions, or absorption issues. A quick injection of methylcobalamin, the most bioavailable form of B12, can help your body feel refreshed, balanced, and energized.

Here are 5 key reasons you may benefit from a B12 injection:

#### 1. Boosts Natural Energy

B12 helps your body convert food into fuel, reducing fatigue and giving you a natural energy lift without caffeine or sugar crashes.

#### 2. Supports Mood & Mental Clarity

Adequate B12 levels are linked to improved focus, memory, and mood regulation. Many clients notice clearer thinking and reduced feelings of brain fog.

#### 3. Promotes Healthy Red Blood Cells

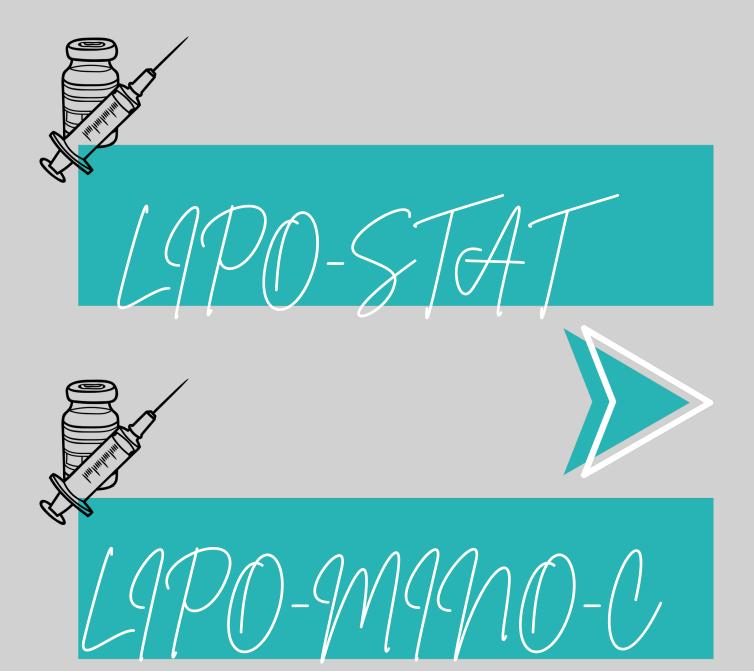
B12 is essential for red blood cell production, which supports oxygen delivery throughout your body and may help prevent anemia-related fatigue.

#### 4. Strengthens Nerve & Metabolic Health

Methylcobalamin specifically supports nervous system function, helping with nerve repair, healthy metabolism, and overall cellular health.

#### 5. Encourages Hair, Skin & Nail Health

B12 contributes to cell renewal, which can improve the health and appearance of your skin, hair, and nails over time.



LIPOSTAT

A lipotropic injection designed to support fat metabolism, boost energy, and aid in weight management. It typically contains a combination of B vitamins (like B6 and B12), methionine, inositol, and choline—nutrients that help the body break down and eliminate fat more efficiently.

#### Top 3 Reasons to Get a LipoStat Injection:

- 1. **Enhanced Fat Burning** LipoStat supports the liver in processing and removing fat, making it a great addition to a weight loss or body composition plan.
- 2. *Increased Energy Levels* The B vitamins in LipoStat help convert food into energy, reducing fatigue and improving stamina.
- 3. *Liver Support & Detox* The lipotropic compounds promote healthy liver function, which is essential for detoxification and overall metabolic health.

Perfect for anyone looking to boost energy, support weight loss efforts, or enhance metabolic function.

-LIPO-MIMO-C -

Powerful injection blend designed to support fat metabolism, enhance energy, and boost immune function. It combines lipotropic agents (like methionine, inositol, and choline), B vitamins (including B12), and vitamin C to promote weight management and overall wellness.

#### Top 3 Reasons to Get a Lipo-Mino-C Injection:

- 1. **Fat-Burning Support** Lipotropic compounds help your body break down and eliminate fat more efficiently, especially when paired with a healthy diet and exercise.
- 2. *Immune Boost* With added vitamin C, Lipo-Mino-C supports immune health and helps the body fight off illness and fatigue.
- 3. **Natural Energy Enhancement** B vitamins and amino acids improve energy levels, reduce brain fog, and support a healthy metabolism.

Ideal for individuals looking to enhance weight loss efforts while maintaining energy and immune resilience.



